

High Mowing Organic Seeds
NO GMO'S, CERTIFIED ORGANIC SEED

We are pleased to present Vermont's most complete line of Organic Vegetables for 2012.
Over forty vegetables, herbs and flowers available in small packets.
\$2.75 + HST per packet

VEGETABLES

1501-Artichoke, Tavor

An Imperial Star type producing 7-8 uniform buds per plant each averaging 4.5" in diameter. Plants are nearly spineless and average 3-4' tall. Tavor has a short vernalization period and can be grown as annual from seed in one season.

2160-Kentucky Wonder Bean

Heirloom variety introduced in Kentucky just prior to the Civil War. Pods are 7-9" long, stringless, solid and meaty. Use for snap beans or dry on vines for soup beans. Brown seeds, 65 days

2210-Provider Bush Bean

Standard fresh market variety for green beans. Plants are vigorous and productive with strong root systems, even under adverse conditions. Early, heavy yields of attractive uniform beans. Good resistance to mildew and virus. Purple seeds, 50 days.

2232-Gold Rush Beans

Early picking with concentrated harvest period. Pods hang in clusters around the main stem. Lemon-yellow pods with green tips are round, straight and tender. Fine flavour and ability to remain in prime condition on the plant over a period of time. White seeds, 55 days

2258-Tavera Beans

Extra slender, string less French Filet beans shorter in length and darker green than other of the same type. Tender beans are perfect for salads and fresh eating. Round pods are ready for picking

when 4-5" long. Grow on compact high yielding bush plants and have incredible flavour. 54 days.

2290-Beet-Early Wonder Tall Top

Early variety makes great beet greens for a first harvest, while roots size up quickly for a second harvest of delectable baby bunched beets. Early wonder also makes a wonderful full size beet with vibrant tops. 45 days

2288-Beets- Touchstone Gold

Uniform round roots that is sweet and milder than red beets. Solid green tops are long and attractive and quickly shade out weeds. Vibrant gold yellow flesh retains its colour when cooked. Best germination occurs in warm temperatures. 55 days

2300-Broccoli DeCicco

Heirloom Italian variety known for tender stalks and mild flavour. Produces 3-4" compact bluish-green central heads followed by a prolific set of side spears. Variable maturity results in a long harvest period for both heads and spears. Slotted for spring or fall production. 48 days

2369-Cabbage, Red Express

Open-pollinated variety that heads up quickly into neat and tidy little red heads, perfect for those who want a smaller portion. Has very nice colour, and matures earlier than other cabbage varieties. 62 days.

2330-Carrot Danvers 126

A stocky variety with broad shoulders up to 2" wide and a tapered V-shaped root averaging 7-8" long. Carrots are bright, deep orange and strong enough to withstand a good yank. Shows superior

disease resistance. A great variety for canning, freezing, storing and juicing. Thrives in heavy soils and has a high tolerance for heat. 70 days.

2335-Carrot-Cosmic Purple

Tapered roots average 7" long with deep purple skin and orange flesh. Crunchy roots and a sweet flavour with a slight hint of spice. 70 days

2338-Cauliflower, Snowball

Smooth tight curds on deep 6-7" heads. Dwarf plants have erect outer leaves that offer good protection and can be harvested over a long period. Recommended for fall crop. 70 days.

2341-Celery, Tall Utah

Long and crisp stalks end in a crunchy delight. The flavour is unbeatable. Tall Utah produces 30" plants with compact hearts and 12" long medium-dark green stalks. Best for late summer crop. 100 days

2343-Fordhook Giant Chard

Heirloom with broad white stems and midribs with deep green savoyed leaves. Large plants reach 24-28" and are very upright in architecture. 50 days

2350-Improved Rainbow Mix Chard

A mix of red, pink, white, yellow, orange and striped colours with thin stems and savoyed leaves. Colour intensity is not well defined early on: mostly pink, red and white at baby stage. 30 days baby leaf, 60 days full size

2380-Corn Luscious F1

Bi-colour corn with outstanding tablesweet buttery-sweet flavour and tenderness. Ears average 8", blocky in shape with 16-18 rows of kernels. Best grown above the 40th parallel. 75 days

2440-Marketmore 76

An open-pollinated slicing cuke with 8-9" dark green fruits and milk-tasting even under heat stress. Multiple disease resistances keep plants vigorous and highly productive across a long picking season. 65 days.

2450-National Pickling Cucumber

A 6" short, thick cuke with blunt ends that are perfect for pickles and sliced in salads. Skins are medium green with some striping. A heavy producer with black spines. 52 days

2520-Lacinato Dinosaur Kale

Heirloom with bumpy leaf surface resembling dinosaur skin. It is blue-green in colour with improved vigour, yield, and hardiness. 30 days baby leaf, 60 full size

2550-Lettuce, Black Simpson

Easy to grow and quick to mature with full sized bright green open head and slightly crinkle leaves. Withstands heat, drought and light frost. 28 days baby, 45 days full size

2599-Red Salad Bowl Lettuce

A popular red complement to green salad with dark red oak shaped leaf. Matures early and is very slow to bolt. Grows well in all seasons but colour is best in cooler weathers. 28 days baby, 55 days full size

2610-Gourmet Lettuce Mix

Special proprietary blend to bring you a signature mix with unique shapes and colours. 28 days baby

2620-HM Mesclun Mix

HMS blend of lettuce and mustard greens. The diversity of this mix will give you a medley of flavour and colour,

used as a cut-and-come again. Mustards grow quickly, shading the soil for the lettuce to germinate, creating a bountiful mix of greens. 28 days baby

2638-Hale's Best Melon
Heirloom and heavy producer of oval-shaped musk melons averaging 4-5lbs. Melons are heavily netted, slightly ribbed with juicy salmon flesh. Skin is thinner than most modern hybrids and does not hold up well to shipping. Good resistance to powdery mildew and drought. 86 days

2670-Evergreen Hardy Onions
Winter hardy Welsh onion. Reliably over-winters to -30F. May be sown all season long or over-winter for a spring treat. Divide clumps in second year to produce a new crop. Can be grown like an annual or allowed to develop into a dense patch. 65 days

2760-Pea's Laxton's Progress (shell)
Short vines and small 15-20" plants produce heavy yields of 4-5" long pods with up to nine dark green peas per pod. 60 days

2740-Mammoth Melting Snow Peas
Mammoth-sized pods average 4-5" long with a delicate, mouth-watering crunch. Vines of 5-6' require trellising for support and bear over a long period of time. 65 days

2765-Sugar Snap Pea
The king of snap peas towering 6-7' vines give way to a long harvest window of 3" pods bearing twice the amount of most varieties. 67 days

2775-California Wonder Peppers
Large, blocky, thick-walled stuffing pepper on a 24-30" plant. Forms glossy green fruit that turns red quickly under a range of conditions. 65 days green, 80 red

2783-Magnum Habanero Pepper
Typical bright orange habanero bonnet shaped pepper with a heat rating of

210,000. Produces loads of perfect and uniform pepper on tall, multi-branching plants and hardy to ensure maturity in cooler climates like the Northeast.

2800-King of the North Pepper
Reliable variety for short seasons known for producing good sized peppers in the northern climates. A blocky thick-walled early ripening pepper with three to four lobes. Plants are upright and strong, supporting heavy yields of 3-4" fruits that turn glossy red from green. 57 days

2818-Baby Pam Pumpkin
The standard for uniform pie pumpkins with long handles and bright orange skin. Dry string less flesh cooks down to a smooth filling with an unbeatable sugary flavour. Slightly smaller than New England Pies and more uniform. Very popular with commercial growers for quality, reliability, and uniformity.

2840-New England Pie Pumpkin
Not as sweet as some pumpkins, the stringless flesh has a higher dry matter content cooking down for thick pie filling. Dark orange skin with light ribbing and well attached handles are attractive as well as delicious. Fruit ranges in size from 4-6lbs. 105 days

2862-Myiashige White Daikon Radish
Popular Japanese daikon that can average 2-6lbs each while remaining crisp and tender for pickling, fermenting or storage. Pure white with pale green shoulders when exposed to sun. Best grown for fall crop.

3187-Joan Rutabaga
The smooth round roots are uniform with a dense yellow flesh that is hard and crispy with mild flavour that improves after a frost. Perfect for roasted root medley and other hearty winter dishes. Stores well into winter months. 90-100 days.
2884-Renegade Spinach

Makes an excellent all-season spinach with smooth round dark green leaves. Grows a bit slower but excels in leaf handling, never prone to brittleness or cracking. Excellent downy mildew and virus resistance. A proven variety for winter high tunnels. 43 days

2888-Tyee Spinach
Perfect for spring and summer sowing, medium green savoyed leaves grow quickly and are extremely vigorous. Stems are upright, keeping tender leaves off the ground and easy to harvest. 40 days

2912-Bennings Green tint Summer Squash
Heirloom, easy to grow patty-pan type with pale green colour that matures to a creamy white. Bushy plants provide excellent yields of saucer-shaped fruits with scalloped edges. Best harvested when fruit is 2-3" across. 52 days

2908-Yellow Straight Neck Summer Squash
Prolific plants keep cranking right through powdery mildew season, producing smooth uniform and attractive fruit. 50 days

2900-Dark Green Zucchini
Produces good quantities of straight, marketable fruits. A reliable open-pollinated variety best suited to the home garden and yields as well as commercial varieties. 50 days

2940-Waltham Butternut Squash
Forms uniform 4-5lb fruit with smooth tan skin that is easily peeled with a potato peeler. Flesh is finely textured and dark orange. If cured well and stored properly it will keep well into the winter. Great rich flavour. 105 days

2950-Delicata Winter Squash
Incredibly sweet flavour and superbly delicate flesh of the 1-1.5lb fruits can be eaten with skin right on after baking or boiling. 95 days

3050-Brandywine Red Tomato

Heirloom known for its perfect balance of sugars and flavour. A dark pinkish-red flesh, smooth and juicy with fruits weighing 1lb or more. Pick just before ripe to avoid cracking. Potato leaf variety, indeterminate 82 days

2970-Matt's Wild Cherry Tomato
Deep red "cherries" are smaller than average with an exceptional flavour. It keeps producing copious amounts of fruit when other tomatoes are down with early blight. Pick frequently as skin is thin and cracks easily. Indeterminate 55 days

3185-Purple Top White Globe Turnip
Heirloom six inch smooth white globes are purplish red above ground and white below. Best when harvested at 3-4" but will retain good quality until quite large. Purple top has a mild, fine-grained white flesh. 55 days

3200-Sugar Baby Watermelon
An excellent northern short-season variety that produces reliable yields of 6-12lbs of perfectly round fruits ranging from 7-8.5" in diameter. Fruits have a solid green rind and deep red flesh. Flavour is sweet and juicy. This strain has been selected for cool growing conditions and high yields. Shows good resistance to drought. 75 days

HERBS

5030-Sweet Basil
Traditional Italian variety to use fresh, in vinegars and as the main ingredient for pesto. High yielding variety produces large aromatic leaves, deep green and slightly cupped. Average height is 10-12". 65 days

5040-Chives
The entire plant is edible from the roots on up. Thick juicy leaf stalks used in any culinary dish. 90 days.

5050-Santo Cilantro

Both seed (coriander) and leaves (cilantro) are used in numerous cuisines from around the world with flat toothed leaves for chopping and other preparations. Seeds are reputed to help reduce stress. Easy to grow and tolerant of cooler conditions, cilantro prefers direct sun. Fully grown, it is cut at a height of 12-18". Direct seed ¼" deep, 2" apart and thin to a final spacing of 4-5". Start transplants 4-6 weeks before planting date. Bolt resistant. 55 days leaf, 95 seeds

5060-Bouquet Dill

Grown for fresh eating, flowers and seed heads. It is an early maturing variety, producing seed heads well ahead of others and right in time for summer pickles. Flowering umbels average 6" wide and plants are 30" high. Direct seed ¼" deep as soon as soil has warmed, thin to final spacing of 6-8". Can be planted all summer long for a continuous harvest. Annual. 45-55 days leaf, 95 days seed

5090-Sweet Marjoram

A milder, sweeter relative of oregano. Use fresh or dry. To dry, harvest stems to hang in bundles and strip off leaves when dried. 85 days to flower.

5110-Italian Flat Leaf Parsley

Classic flat leaf for use either fresh or dried as a garnish or seasoning. Stems hold leaves upright for easy bunching. A very nutritious and tasty addition to meat, vegetable dishes, soups and salads. 70 days

FLOWERS**1999 Amaranth, Burgundy**

A very popular micro-green and as a salad mix ingredient. As a micro-green, the deep red cotyledons and first true leaves make a stunning and flavourful salad addition. Attractive maroon blossoms are gorgeous in arrangements and the white seeds are edible and tasty.

7096-Autumn Beauty Mix Sunflower

Explosions of vibrant 4-6" flowers ranging from yellow, bronze and red shades with lots of bicolor averaging 7' tall, good bird food selection. 90-100 days

7100-Mammoth Sunflower

Can reach 12'tall with thick stalks to support the huge heads that tower above the rest of the garden. This single-stem variety is a very fast and vigorous grower. A great variety for edible seeds or feeding the birds. Sun-loving annual. 110 days

7146-Dwarf Thumbolina Mix Zinnia

An annual flower that does best in full sun and rich soil as it prefers warm temperature for a swift and even germination. Small size for containers and mass plantings, plant ¾" deep, 6-10" spacing and 18-24" between rows. Pinch terminal buds to encourage branching and dead-head for continual blooms from mid to late summer. Harvest when petals are just opening for best quality. 85 days

7160-Dwarf Jewel Nasturtium

Brilliant red, orange, salmon, and yellow flowers are boldly displayed upon bushes of thick green, round leaves. Makes a beautiful border plant. The pepper-tasting edible flowers are exquisite when stuffed with cream cheese or added to salads for colour. Direct seed 1" deep and thin to a final spacing of 16". Can be started as transplants 4-5 weeks before planting date. 60 days